

# *You First Advocacy*

A local service supporting people who have a mental illness, physical disability, learning disability, sensory impairment, progressive illness and older people (who may or may not be disabled). We are now looking for:

## ***VOLUNTEER ADVOCATES***

We help people, who meet our criteria have a voice and with finding out what options might be possible with issues that affect them, for example difficulties with care needs, housing, employment and more. Our volunteers come from all backgrounds and walks of life. Many have used 'Advocacy' as an opportunity for self-development or as a springboard into a new career. Others have been happy to help people in the community in their spare time. We work during office hours only although our training will be in the evenings.

No qualifications or experience are necessary as we offer 30 hours free training beginning on

**29<sup>th</sup> July (Tues. and Thurs. evenings)**

*On completion of training and successful interview we ask that you volunteer with us for at least 6 hours a week.*

*We provide ongoing support from our friendly and helpful team.*

For more info call:

**0141 849 1229**

and ask for **Alison Wilson**

*You First Advocacy*

47 Causeyside St,

Paisley,

PA1 1YN

Renfrewshire Association for Mental Health  
... helping to make the pieces fit

